



The Holy Eucharist  
Third Sunday in Lent  
March 3rd, 2024  
Trinity Episcopal Church - Manassas, VA

PRELUDE

STEAL AWAY TO JESUS

RAYMOND HAAN

PROCESSIONAL HYMN

#409

THE SPACIOUS FIRMAMENT ON HIGH

ANNOUNCEMENTS

BIRTHDAY BLESSINGS

God, our times are in your hand: Look with favor, we pray, on this your servant as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen

ANNIVERSARY BLESSINGS

Gracious God, we bring before you this couple. Keep them safe all the days of their lives comfort them in adversity and support them in prosperity as you fill their home with blessings. Amen.

OPENING ACCLAMATION

Celebrant Blessed be God: most holy, glorious, and undivided Trinity.  
People **And Blessed be God's reign, now and for ever.**

OPENING COLLECT

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Setting: Ver. *Hymnal 1982*, after Alexander Archangelsky (1846-1924)

#### THE COLLECT OF THE DAY

Celebrant God be with you.  
 People **And also with you.**  
 Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS  
*The people sit.*

Reader: A Reading from the Book of Exodus 20:1-17

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

*Psalm 19*

- 1 The heavens declare the glory of God, \*  
and the firmament shows his handiwork.
- 2 One day tells its tale to another, \*  
and one night imparts knowledge to another.
- 3 Although they have no words or language, \*  
and their voices are not heard,
- 4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect  
and revives the soul; \*  
the testimony of the LORD is sure  
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just  
and rejoice the heart; \*  
the commandment of the LORD is clear  
and gives light to the eyes.
- 9 The fear of the LORD is clean  
and endures for ever; \*  
the judgments of the LORD are true  
and righteous altogether.
- 10 More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey,  
than honey in the comb.
- 11 By them also is your servant enlightened, \*  
and in keeping them there is great reward.
- 12 Who can tell how often he offends? \*  
cleans me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
O LORD, my strength and my redeemer.

Reader: A Reading from 1 Corinthians 1:18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

*Reader*        The Word of the Lord.  
*People*        **Thanks be to God.**

GOSPEL HYMN #140        WILT THOU FORGIVE THAT SIN, WHERE I BEGUN

THE GOSPEL

*Reader*        The Holy Gospel of our Savior Jesus Christ according to John.  
*People*        **Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

*Reader:*        The Gospel of our Savior.  
*People*        **Praise to you, Lord Christ.**

THE HOMILY

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

Leader            With all our heart and with all our mind, let us pray to the Lord, saying,  
                          "Lord, have mercy."

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and, community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To thee, O Lord our God.**

*Silence*

*The celebrant says the concluding Collect:*

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

THE PEACE

*All stand.*

*Then the Celebrant and People may greet one another in the name of the Lord.*

Leader        The peace of Christ be always with you.  
People        **And also with you.**

#### THE HOLY COMMUNION

Celebrant    Let us walk in Love as Christ has loved us and gave himself for us: an offering unto God.

#### THE OFFERTORY

OFFERTORY ANTHEM        O LOVE OF GOD (TEXT #456)    ACCOMPANIED BY AUBREY VIRAKONE

PRESENTATION HYMN #380        PRAISE TO GOD, FROM WHOM ALL BLESSINGS FLOW    VERSE 3

**Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost.**

#### THE GREAT THANKSGIVING

Celebrant    God be with you.  
People        **And also with you.**

Celebrant    Lift up your hearts.  
People        **We lift them to the Lord.**

Celebrant    Let us give thanks to the Lord our God.  
People        **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
 might, hea - ven and earth are full of your glo - ry. Ho -  
 san - na in the high - est. Bless - ed is he who  
 comes in the name of the Lord. Ho - san - na in the high - est. \_\_\_\_\_

Setting: Robert Powell (b. 1932)

*The people stand or kneel.*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith.

Celebrant and People:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.  
**AMEN.**

LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
    on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
    as we forgive those  
        who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
    and the power, and the glory,  
for ever and ever. Amen.

*The Celebrant breaks the consecrated Bread.  
A period of silence is kept.*

7:30AM AND 8:30AM THE FRACTION

**Celebrant:** Alleluia. Christ our Passover is sacrificed for us;  
**People:** Therefore let us keep the feast.

Lamb of God, you take a - way the sins of the world:  
 have mer - cy on us. Lamb of God, you take a - way the  
 sins of the world: have mer - cy on us. Lamb of God,  
 you take a - way the sins of the world: grant us peace.

Setting: From *New Plainsong*; David Hurd (b. 1950)

Dear Siblings in Christ, these are the Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven. [*Amen.*]  
 The Blood of Christ, the cup of salvation. [*Amen.*]

COMMUNION HYMN #318      HERE, O MY LORD

*After Communion, as the people stand or kneel the Celebrant says:*

Let us pray.

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

BLESSING

PROCESSIONAL HYMN #470

THERE'S A WIDENESS IN GOD'S MERCY

DISMISSAL

Celebrant  
People

Let us go forth in the name of Christ!  
**Thanks be to God!**

POSTLUDE

ELEGY

G.T. THALBEN BALL

## Parish Prayer List

Please pray this list at home: Pete & Betty Anastasi, Dave Critchley, Patricia Cruz, Ervie Anne Edgerly, Florie, Juliet Franklin and Family, Joseph Frye, Catharine Guest, Christina Harrigan & Family, Sharyn Henderson & Family, Shearin Henegar, Mary Hicks, Lillian Hicks, Patti Johnston, Paul & Sue Martin, McCant Family, Richard Morin, Muschlitz Family, Molly Newman, Melissa Neviaser, Gretchen Schneider, Smith Family, & Stokely Family.

*We kindly invite individuals to submit their prayer requests for the parish prayer list. Each request remains active for a period of two months.*

*Please email [info@trinityepiscopalchurch.org](mailto:info@trinityepiscopalchurch.org) or visit [trinityepiscopalchurch.org](http://trinityepiscopalchurch.org).*

**The flowers and greens on the altar and in the narthex are given to the Glory of God and in memory of Jane Koerner, Walt Pfeil, Mildred Pfeil, and Dot Horne given by Jennifer Smith**

### Worship Leaders:

Vestry: Jean Duray, Carol McCracken  
Altar Guild: Ginger Critchley, Sandy Lefever  
Flower Guild: Judy Schneider, Sallie Ronan  
Videographer: Tim Wells

#### 7:30 am

Altar Assistant: Dexter Fox  
Readings/Prayers: Carol Frazelle

#### 8:30 am

Ushers: Isaac and Brenda Randall  
Greeters: Nick and Jean Duray  
Readings/Prayers: Holly Golliver  
Altar Assistants: Ginger Critchley, Sallie Ronan

#### 11:00am

Ushers: Jeff and Judy Schneider  
Greeters: Carol McCracken, Bob Doerflinger  
Readings/Prayers: Jerry Pankey  
Altar Assistants: Carole Doerflinger, Joanne Georg  
Acolytes: Lily Overmiller

## Announcements

**Food Ministry/Food Pantry:** Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month, the Food Pantry will be open from 11am to 1pm to serve the community. The next date is March 27<sup>th</sup>.

Food Needs are as follows: (40) Tuna or Chicken Lunch Kits (currently cheapest at Dollar Tree), (40) 16oz Peanut Butter, (40) 15oz Canned Ravioli, (40) 10.5oz Beef Stew or Hearty Soup, and (40) 16oz Cooking Oil.

**March Book Club** – Join us on Wednesday, March 27 at 6pm in the Parish Hall for a lively discussion of our latest book club pick, A People’s History of Christianity by Diana Butler Ross. The audiobook and e-book are available on the Hoopla app provided for free to anyone with a PWC Library Card.

**Hand Bell Choir** – Margaret is looking for someone who loves hand bells and would be interested in leading a hand bell choir here at Trinity. If you are interested or know someone with these gifts please contact her at [mlacy@trinityepiscopalchurch.org](mailto:mlacy@trinityepiscopalchurch.org)

**Boxes of Basics Event** – Consider volunteering to pack boxes of various items those in need in our community and build bonds with other Trinity community members. Mark your calendar for future volunteer opportunities at Boxes of Basics: March 16, and May 18. More information is to come. To sign up for the March 16<sup>th</sup> date please visit: <https://www.signupgenius.com/go/4090948AFAE22A6FE3-47961597-boxes>

**Adult Forum** – Join our very own Master Gardener, Jeff Schneider, on March 3<sup>rd</sup>, 2024 in the Parish Hall to discuss the latest research to develop a healthy, sustainable, and environmentally friendly lawn.

**Easter Egg Hunt** - Join us Easter Sunday at 10:00am for an egg hunt! We would appreciate donations of plastic eggs, hard candies, and small prizes to put in the eggs. Please bring your donations to the office by March 22. We’ll have an egg stuffing party during the adult forum on Palm Sunday.

**Seniors Covered Dish Lunch** – The Seniors group will be having a covered dish lunch on Sunday, March 10<sup>th</sup>, 2024 beginning at 12:30pm in the Parish Hall. Please join us for a wonderful time.

**Game Night** – Thank you to everyone who joined us last week for Game Night. We always have such a good time. Our next game night will be Friday, April 12<sup>th</sup> at 6:30pm. Join us for fun, pizza and friendship. Please RSVP to JJ so we know how much pizza to order.

**Empty Egg Cartons & Reusable Shopping Bags** – If anyone would like to donate their empty egg cartons and any reusable shopping bags to the food ministry it would be greatly appreciate.

## Lenten Journey 2024 Ideas

**Mar 4<sup>th</sup> - Mindful Monday:** Find a good joke and share it with someone.

**Mar 5<sup>th</sup> - Teaching Tuesday:** Mark this website on your computer:

<https://www.episcopalnewsservice.org/> and sign up to receive the national church's weekly newsletter.

**Mar 6<sup>th</sup> - Wildcard Wednesday:** Join us for 12pm Holy Eucharist & Healing followed by a Lenten Soup Lunch

**Mar 7<sup>th</sup> - Thankful Thursday:** Thank God for sparing you from the bad things in life that you don't have.

**Mar 8<sup>th</sup> - Frugal Friday:** Fast from condiments and spices and be aware of the simplicity of food.

**Mar 9<sup>th</sup> - Scripture Saturday:** Read tomorrow's gospel (John 3:14-2). The second sentence may be the best-known thing said about Jesus. Think about what it means to you.

## Holy Week and Easter Worship Schedule

**March 24<sup>th</sup>, 2024 – Palm Sunday –** Worship at 7:30am, 8:30am and 11:00am.

Easter Egg Preparation 9:45am

**March 27<sup>th</sup> – Wednesday –** Holy Eucharist and Healing 12:00pm

Lenten Lunch 12:30pm

**March 28<sup>th</sup> – Maundy Thursday –** Worship at 7:00pm

**March 29<sup>th</sup> – Good Friday –** Worship at 12:00pm and 7:00pm

**March 30<sup>th</sup> – Easter Vigil –** Worship at 7:00pm

**March 31<sup>st</sup> - Easter –** Worship at 7:30am, 8:30am and 11:00am (The children will sing)

Easter Egg Hunt: 10:00am in the Garth

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